



# Find the Care That's Right for You.

Your guide to care at Central Baptist Village—  
*Where every step is met with support.*

*This guide proudly features photos of actual  
Central Baptist Village residents and caregivers.*

# Finding the right care takes caring guidance.

Finding the right level of care and navigating all the choices can be complex. As care needs change—sometimes gradually, sometimes suddenly—it's more important than ever to understand your options and choose the level of care that truly supports long-term well-being.

Our community is here for you. Our expert guide offers the clarity you deserve about which level of support may be the best fit—now and in the days to come.

## HOW WE SUPPORT YOU

Everything we do is rooted in our four pillars:



**Comprehensive Care**—Support that adapts as needs change, helping residents age in place as long as possible and experience a seamless continuum of care.



**Community**—A warm, connected environment where you feel known and included.

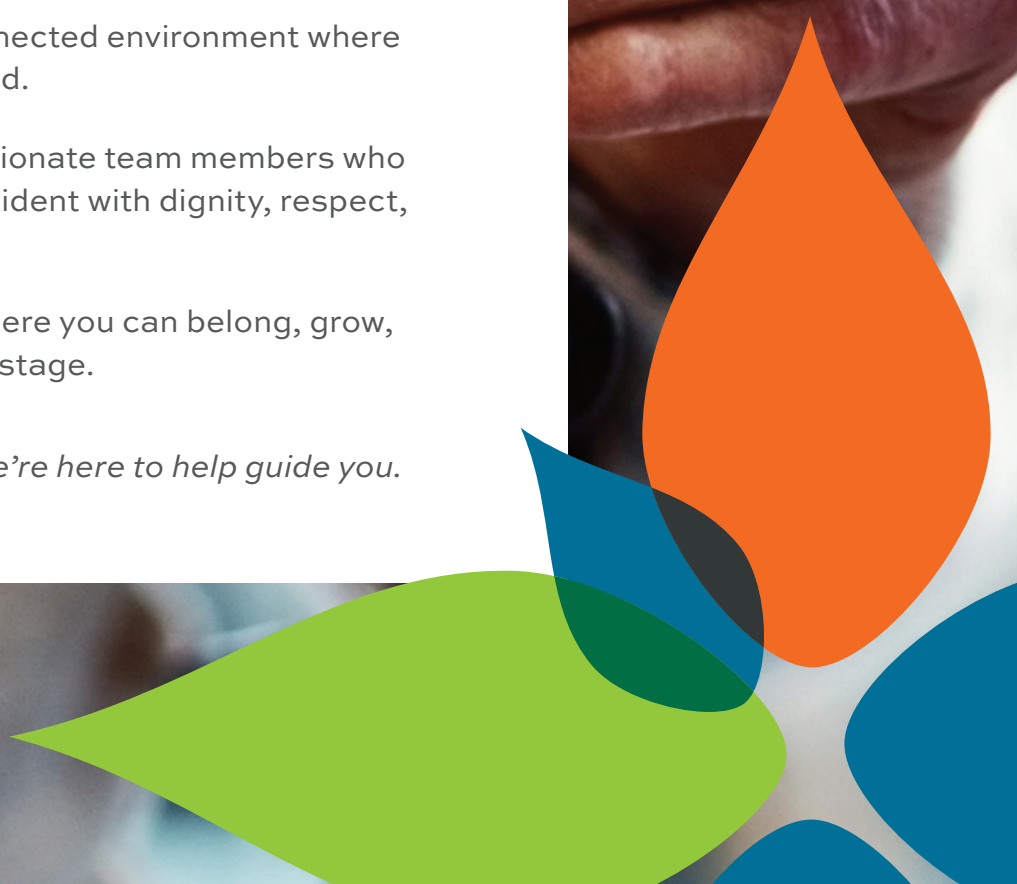


**Heart to Serve**—Compassionate team members who genuinely care for each resident with dignity, respect, and kindness.



**Home for Life**—A place where you can belong, grow, and be supported at every stage.

*You're not alone in this process. We're here to help guide you.*




# Assisted Living

## WHO IT'S FOR:

Individuals who want to stay independent while enjoying extra support and social connection.

### Do any of the following sound like you or your loved one?

- Most activities are manageable independently, but reminders are needed for meals or medications.
- Isolation is becoming more common, and more daily engagement would be beneficial.
- Home maintenance and chores are starting to feel stressful or overwhelming.
- Having support nearby would provide a greater sense of safety.
- Independence is important, but added support would bring peace of mind.

A photograph of two elderly women walking on a paved path in a lush, green residential setting. The woman on the left is wearing a red top and a white cardigan, while the woman on the right is wearing a blue patterned top and a dark shawl. They are both smiling and appear to be engaged in conversation. In the background, there are large trees and a multi-story building, likely a retirement community. The overall atmosphere is peaceful and supportive.

**If the answer is “yes,” you or your loved one may benefit from Assisted Living.**

Our Assisted Living neighborhood provides support for daily tasks while helping residents maintain independence, stay socially engaged, and enjoy peace of mind.



# Bridge Care

## WHO IT'S FOR:

Individuals who want to stay independent but need more hands-on support than traditional Assisted Living—a level of care that bridges the gap between Assisted Living and Skilled Nursing.

Do any of the following sound like you or your loved one?

- Daily tasks like dressing, bathing, or mobility are becoming harder.
- Frequent reminders or cues are needed throughout the day.
- Falls have occurred, or there's a growing concern about unsteadiness at home.
- Cognitive changes are making routines harder to manage alone.
- Independence is still a priority, but consistent, reliable support is becoming more important.

**If the answer is “yes,” you or your loved one may benefit from our Bridge Care.**

With periodic medical management and support for daily routines, our Bridge Care helps residents maintain independence, reduce stress, and stay active in an intimate, caring, structured environment.



## Skilled Nursing

### WHO IT'S FOR:

Individuals who need 24-hour medical oversight, hands-on nursing care, and assistance with activities of daily living.

### Do any of the following sound like you or your loved one?

- Ongoing medical monitoring or complex medication management is required.
- Home caregiving needs have increased significantly or become difficult to manage.
- Continuous nursing support is needed throughout the day and night.

### If the answer is “yes,” you or your loved one may benefit from Skilled Nursing.

Around-the-clock clinical oversight, professional therapy, and personalized care plans in Central Baptist Village's highly rated Skilled Nursing neighborhood help residents manage complex health needs, engage in activities that stimulate mind and body, and maintain as much independence as possible.



# Memory Care

## WHO IT'S FOR:

Individuals living with early-, mid-, or late-stage dementia who benefit from a structured, secure environment, and specialized programming.

### Do any of the following sound like you or your loved one?

- Memory lapses are more frequent or disruptive.
- There is confusion about time, place, or daily routines.
- Safety concerns—such as wandering—are increasing.
- Social settings feel overwhelming or isolating.
- Multistep tasks have become difficult.
- Caregiver stress at home is growing.

## If the answer is “yes,” you or your loved one may benefit from Memory Care.

All three neighborhoods in CBV's community provide the right level of specialized Memory Care programs, structured routines, a secure environment, and staff specially trained in dementia care to help maintain cognitive abilities, reduce anxiety, and support quality of life for both residents and their families.





## Why the right level of care matters.

**Choosing the right level of care early helps ensure:**

- Safety, stability, and peace of mind
- Greater independence through the right support
- Less stress for families and caregivers
- Fewer setbacks or crises
- Support that adapts as care needs change

With our **Comprehensive Care, Community, Heart to Serve, and Home for Life**, we provide the clarity and compassion every family deserves.



## Let's navigate the journey together.

Whether you checked a few boxes or many, our team can help you explore next steps with confidence.

**Connect with Central Baptist Village today.  
Call 708.583.8500 or visit [CBVillage.org/Contact](https://CBVillage.org/Contact).**

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Assisted Living | Bridge Care | Skilled Nursing | Short-Term Rehab | Memory Care

